



Mishawaka Communicator



Working together to build the "Best Hometown in America" by delivering exceptional services, promoting safe and clean neighborhoods, elevating the quality of life, and inspiring pride in our community.

Dave Wood, Mayor

www.mishawaka.in.gov

August 2014

A Letter from Mayor Dave Wood



At the beginning of September in Downtown Beutter Park, there will appear approximately 50 wooden utility poles on some of the vacant lots. I am sure it will create curiosity and leave people wondering what the City of Mishawaka could possibly be using these utility poles for. The answer is this: The City of Mishawaka has agreed to be the host for the 4th Annual Indiana Lineworkers' Skills & Training Rodeo. Many of you have never heard of such an event; therefore, I would like to take some time to provide a bit of education on this exciting event.

The Lineworkers' Skills & Training Rodeo, a relatively new event for the State of Indiana, has been going on internationally for 31 years and nationally since 2001. The international rodeo draws approximately 1000 participants from all over the world while the national event draws around 400 participants from all over the United States and some U.S. territories. It is anticipated that the state event should draw around 60 participants. The ideal number of teams for a state competition is between four and ten because it keeps the rodeo with a "hometown feel".

This year's rodeo will be showcased along the St. Joseph River in beautiful downtown Mishawaka's Beutter Park. Usually these events are held in a secluded cornfield or country road in an electric training facility (similar to what Mishawaka has on Logan Street across from Marian High School) as opposed to a scenic park bustling with activity. The only one of its kind for lineworkers in the state, this event is designed to showcase the skills and knowledge of a lineworker in a fun and safe environment. The



(continued on next page)



Sunlight: Good or Bad?

Health Information from Saint Joseph Regional Medical Center

Being outdoors, whether in sunshine or shade, exposes us to sunlight and ultraviolet radiation. There are two types of radiation: ultraviolet A (UVA) and ultraviolet B (UVB). Sunburns are primarily caused by exposure to UVB radiation although exposure to both UVA and UVB radiation has been found to age the skin and increase the risk for skin cancers. Sunlight is also important in the production of vitamin D, and exposure to sunlight is known to improve mood. So how do we take advantage of the sun's benefits while protecting our skin?

Fifteen minutes of sunlight exposure to the face, neck, and arms daily can provide as much as 25,000 units of vitamin D. That's more than enough to give us our daily requirement of 1,000 units. Vitamin D is also available through vitamin D-fortified milk, orange juice, and vitamin supplements.

Choosing a Sunscreen

Sunscreen labels can be confusing. According to the U.S. Food and Drug Administration, "broad spectrum" products protect against both UVA and UVB radiation. "Broad spectrum" and "SPF 15" (or higher) sunscreens protect against sun-induced skin damage however there is no evidence that SPF values greater than 50 offer more protection. Remember, it's important to wear sunglasses with a UV rating to protect the eyes' cornea from UV radiation which can cause cataracts and sunburn.



UPCOMING EVENTS!

- Aug 3 ND Shakespeare Festival
- Aug 4-8 Challenger Sports Soccer Camp
- Aug 23-24 Renaissance Festival
- Aug 25 Harvest Dance
- Sep 6 NFL Punt/Pass/Kick
- Sep 26-27 Lineworkers' Skills/Training Rodeo

For information on the **Summer Concert Series**, see the back page of this Communicator or visit <http://mishawaka.in.gov/summer-concert-series>

ONLINE ACCESS

The City of Mishawaka maintains an online presence and can be found on the web at <http://mishawaka.in.gov>.

Find us on Facebook at <http://facebook.com/cityofmishawaka>

Remember, the current issue of the Mishawaka Communicator is always available as of the 1st of every month at <http://mishawaka.in.gov/communicator>

A Letter from Mayor Dave Wood *(continued)*

event is open to anyone who is a practicing lineworker in municipally-owned and operated electric utilities and rural co-ops in Indiana and surrounding states.

The two-day event will feature four levels of competition: journeyman team, individual journeyman, journeyman senior and apprentice single. Teams can be comprised of individuals from one utility or several small utilities can combine personnel to form a team. Events are judged on safety, work practices, neatness, ability, equipment handling, and speed. The event also offers lineworkers the opportunity to compete for professional recognition, attend specialty training courses, and practice essential skills in a safe environment as well as to prepare for competition at National and International levels. All safety rules established by the Occupational Safety and Health Administration and the American Public Power Association (APPA) Safety Manual are observed during the events. It is a family-friendly event which also features industry vendors with products for show and sale, food, rodeo souvenirs, children's activities, games and much more.



Traditionally, the Mishawaka Utilities teams have done very well in these competitions. I can say, with confidence, that they are a well-known group to their competitors. They are often known as "the team to beat" and this year, being the hometown favorite, should be no exception. While their accomplishments are too numerous to list, it should be noted that the coveted chrome "Hurtman Rescue Trophy" has been in the City Hall Lineman Showcase for two years in a row. This is a travelling trophy that is awarded to the lineworker who can perform a utility pole rescue in the fastest time. We hope to keep it in Mishawaka for a long time. These lineworkers have also competed in the national and international rodeos and have done well.



"Rodeos are a fantastic experience for all involved", says Jim Schrader, General Manager of Mishawaka Utilities. "We are honored to serve as the host utility for Indiana's 4th Annual Lineworkers' Skills & Training Rodeo." Tim Erickson, Electric Superintendent of Mishawaka Utilities agrees. "Once a lineworker participates at any level, they are hooked. They return to their utility and community with a greater sense of pride, purpose and passion. These rodeos are truly a celebration of their work and an opportunity to demonstrate their skills and knowledge to colleagues, friends and family. We are proud of our Department, our lineworkers and the City of Mishawaka and cannot wait to host this event along the river in Downtown Beutter Park."

I am proud of the job that our Mishawaka Utilities Electric lineworkers do on a daily basis. The Lineworkers Rodeo is a great way to see them in action performing the skills that make our service world class. I encourage everyone to visit the 4th Annual Indiana Lineworkers' Skills & Training Rodeo on Friday and Saturday, September 26th and 27th. Come out and show your support for the hometown team! A complete schedule of events and more information can be found at <http://www.imea.com> or by emailing imeainfo@imea.com.

Mayor Paul

2014 WHEELCHAIR RAMP PROGRAM

The Department of Community Development is accepting applications for their 2014 wheelchair ramp program. This program is intended for persons who are low/moderate income, hold the title to their home, live in the home as their principal residence, have current homeowner's insurance, and the home is a single family dwelling. The income and assets of all persons living in the household are considered.

For more information, please contact Marilyn Nelums-Jones at (574) 258-1668.

MISHAWAKA PARKS 2014 SUMMER CONCERT SERIES

Battell Park Bandshell Mondays - 7:00-8:00PM

- Aug 4 The Pat Heiden Quartet
- Aug 11 Michiana Concert Band
- Aug 18 Valleyaires Barbershop Chorus
- Aug 25 Harvest Dance w/Everyday People

Movie Night in the Park Movies begin at dusk

- Aug 15 "Surf's Up"
Merrifield Pool Complex
- Aug 18 "The Searchers"
Battell Park Bandshell

Beutter Park Thursdays - 6:30-8:30PM

- Aug 7 River City Band
- Aug 14 TBA / Rain Date

Eberhart-Petro Clubhouse Deck Fridays - 7:30-9:00PM

- Aug 1 Acoustic Justice
- Aug 8 Gregory Allen Michael
- Aug 15 Marty Miles
- Aug 22 The Sandbar Bums